



# Children and Parenting

## Support



Professional and confidential;  
a client centred, culturally  
appropriate program that's  
free to access.

## Contact us

This service is offered in the following areas:  
Darwin, Nauiyu, Tennant Creek & the Barkly Region,  
Wadeye, Maningrida, Jabiru and Gunbalanya.

### **Darwin**

17 Hidden Valley Road, Berrimah NT 0828  
PO Box 132, Berrimah NT 0828  
T: 8944 2000 | E: [darwin@catholicarent.org.au](mailto:darwin@catholicarent.org.au)

### **Tennant Creek**

58 Schmidt Street, Tennant Creek NT 0860  
PO Box 1134, Tennant Creek NT 0861  
T: 8962 3065 | E: [tennantcreek@catholicarent.org.au](mailto:tennantcreek@catholicarent.org.au)

A service to support wellbeing and resilience for children, young people and families. We work alongside families to provide practical parenting tips and engage children in healthy activities.

Levels of support include:

## **Short term immediate assistance for families**

– counselling sessions. Direct support, information and referral to other service providers where appropriate.

## **Early intervention support**

– including group work.

## **Community outreach**

– engaging community in order to increase awareness and skills regarding good parenting and managing mental health issues.

## **Parenting education**

– for groups and individuals including in home support.

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